



# Halifax County “W.O.W.” “The Biggest Loser” Challenge

**Initial Weigh-In: @ DSS January 10, 2012 from 8:30– 9:00 am & @  
the Health Department January 11, 2012 8:30 am—9:00 am**

**Weekly Weigh-Ins Beginning Week 1:**

**Dept of Social Services:** Each **Tuesday** from 8:30 am—9:00 am (Main Lounge)

**&**

**Health Department:** Each **Wednesday** from: 8:30 am—9:00 am

In the Wellness Coordinator’s Office

**Final Weigh-In: Wednesday, April 4, 2012**

**Health Department:** 8:30 am—9:00 am, Wellness Coordinator’s Office

**Dept of Social Services:** 8:30 am—9:00 am (Main Lounge)

**For additional information, please contact the Wellness Coordinator!**

**Phone: 583-5021 x 290 or E-mail: [wellness@halifaxnc.com](mailto:wellness@halifaxnc.com)**

**Rules & Guidelines**

1. Program will run for 12 weeks. January 11th through April 4th. You must weigh-in for at least 10 of the 12 weigh-ins and the first and last week weigh-ins are mandatory to be eligible for final prizes.
2. Weekly weight loss will be posted by last four digits of SSN or preferred pass code to assure participant’s privacy. *Only weight gain or loss will be posted, not actual weight of participant. (Please contact the Wellness Coordinator for any questions or concerns.)*
3. A **weekly winner** will be announced each Thursday and winner **will receive a \$10 gift card**. In order to be eligible for the weekly prize, you must have participated in the weigh in on the previous week. In case of a tie, the winner will be determined by a drawing of names.

**Final Prizes**

**1st Place**— Wellness Package (\$75 value)

**2nd Place**— Wellness Package (\$50 value)

**3rd Place**— Wellness Package (\$30 value)